

**How do you transform this**



**into this?**



**Collect plastic grocery bags**

**Cut bags in strips and loop together to make plastic**

**Crochet the plarn into 3' X 6' mats**



**It takes 500 – 700 bags to make one mat. It takes 40 or more man hours to prepare the plarn and crochet one mat.**

**The mats are washable, bug resistant, portable, and provide protection from the ground.**





**All ages can help!!**

**For more information regarding presentations about our project or help starting your own group contact:**

**St. John Lutheran Ingomar  
2139 Enterprise Rd.  
West Alexandria, OH 45381  
(937)839-5321**

**[stjohningomar@swohio.twcbc.com](mailto:stjohningomar@swohio.twcbc.com)**

**or**

**Carolyn Studebaker 937-839-4350  
Earla Donaldson 937-839-7203**

**Come join us on the 3<sup>rd</sup>  
Saturday of the month  
9:00 am to 11:00 am**



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# Sleep Mats



**for the Homeless**



**A community outreach  
project  
of St. John Lutheran Church  
Ingomar**

